



### Nutrition Information

Menu Items	Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
<b>Breakfast Burritos</b>										
Chorizo Breakfast Burrito	990	55	20	1	395	2490	81	9	7	40
Machaca Burrito - Shredded Chicken	990	48	16	0	445	3360	88	13	9	49
Machaca Burrito - Shredded Beef	950	45	15	0	475	2390	78	10	9	58
Green Pig Burrito	880	41	16	0	470	2900	77	6	7	48
Sunrise Burrito	860	42	16	1	395	3090	77	6	7	40
BRC con Huevos Burrito	1090	49	20	0	415	2030	120	13	6	40
Carne Asada Breakfast Burrito	980	41	15	1	425	3750	94	13	7	56
Add Cheese	110	9	5	0	30	190	1	0	0	6
<b>Breakfast</b>										
Sunrise Bowl	440	27	11	1	355	2260	23	2	4	25
Sunrise Bowl w/ Relleno	640	40	17	1	535	2560	32	4	8	37
Churro Pancakes	550	17	8	0	20	750	96	0	59	5
Breakfast Taco	240	13	4	0	170	460	17	1	1	12
Chorizo Taco	310	18	5	0	180	980	22	2	1	14
<b>Famous Burritos</b>										
Original Burrito - Shredded Beef	1240	57	23	0	145	2790	122	15	6	60
Original Burrito - Shredded Chicken	1160	52	21	0	110	3690	123	15	7	48
Original Burrito - Chile Colorado	1160	52	22	0	100	2350	127	15	8	46
Original Burrito - Chile Verde Pork	1290	63	26	0	145	2440	124	15	7	54
Relleno Stuffed Burrito	1210	58	25	0	230	2230	129	16	10	42
El Potato Burrito	580	19	9	0	30	3050	82	6	6	18
El Potato Burrito - Chile Colorado	730	27	11	0	75	3480	88	7	9	35
El Potato Burrito - Chile Verde Pork	860	38	16	0	125	3570	85	7	7	43
El Potato Burrito - Carne Asada	800	26	12	0	105	4340	89	10	6	46
El Potato Burrito - Shredded Chicken	730	26	11	0	85	4820	84	7	7	37
El Potato Burrito - Shredded Beef	810	31	13	0	125	3920	84	7	7	49
Garbage Burrito	970	48	20	0.5	65	1630	107	14	8	28
Garbage Burrito - Carne Asada	1190	56	23	0.5	145	2920	113	17	8	56
Garbage Burrito - Chile Colorado	1130	56	23	0.5	110	2060	113	15	11	45
Garbage Burrito - Chile Verde	1250	67	27	0.5	160	2160	110	15	9	52
Garbage Burrito - Shredded Beef	1200	60	24	0.5	160	2500	109	14	9	58

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<b>Famous Burritos</b>										
Garbage Burrito - Shredded Chicken	1130	56	23	0.5	120	3400	109	14	9	47
Pop's Burrito - Carne Asada	730	26	9	0	100	2610	73	11	7	47
Pop's Burrito - Chile Colorado	650	26	8	0	60	1510	73	9	10	31
Pop's Burrito - Chile Verde Pork	800	39	13	0	115	1630	69	8	8	41
Pop's Burrito - Shredded Beef	750	32	10	0	120	2080	67	8	7	49
Pop's Burrito - Shredded Chicken	650	26	8	0	75	3210	68	8	8	35
Cali Burrito - Carne Asada	1230	64	25	0	135	3310	106	13	9	57
Cali Burrito - Chile Verde Pork	1230	72	28	0	135	2440	102	11	10	48
Cali Burrito - Shredded Beef	1240	69	26	0	155	2890	101	11	10	59
Cali Burrito - Shredded Chicken	1160	64	25	0	115	3790	102	10	10	47
Bean & Cheese Burrito	1440	84	36	0.5	110	1710	127	27	5	46
Bean, Rice & Cheese Burrito	1200	55	23	0	60	2150	140	19	6	35
Taquito, Add to Burrito	90	2.5	0	0	10	340	14	0	2	5
Wet Style	160	11	6	0	30	300	7	1	1	7
<b>Bowls</b>										
Enchilada Bowl - Carne Asada	750	34	17	0.5	150	2420	63	10	6	47
Enchilada Bowl - Chile Verde Pork	750	42	19	0.5	145	1560	59	7	6	38
Enchilada Bowl - Shredded Beef	760	39	18	0.5	165	2010	59	7	6	49
Enchilada Bowl - Shredded Chicken	680	34	16	0.5	125	2910	59	7	7	37
Guac Bowl - Carne Asada	700	29	11	0	105	2400	64	14	3	46
Guac Bowl - Chile Verde Pork	700	37	13	0	100	1530	60	12	4	37
Guac Bowl - Shredded Beef	710	34	12	0	120	1980	59	12	4	48
Guac Bowl - Shredded Chicken	630	29	10	0	85	2880	60	12	4	36
<b>Tacos</b>										
Traditional Taco - Shredded Beef	270	15	6	0	65	540	15	2	2	20
Traditional Taco - Shredded Chicken	230	12	5	0	45	990	16	2	3	14
Soft Taco - Shredded Beef	270	12	5	0	60	710	17	1	1	21
Soft Taco - Shredded Chicken	230	10	4	0	40	1160	17	1	1	15
Street Taco	260	17	2	0	30	530	13	3	1	12
<b>Taquitos</b>										
Taquitos - Shredded Chicken	490	24	8	0	65	1240	48	9	7	23
Taquitos - Shredded Beef	480	23	8	0	60	1230	47	9	7	24
<b>Nachos</b>										
Nachos	1610	102	38	2.5	150	1470	139	21	8	43
Nachos - Chile Colorado	1740	108	40	2.5	190	1810	144	22	10	56
Nachos - Shredded Beef	1850	114	42	2.5	245	2340	141	21	8	73
Nachos - Shredded Chicken	1770	109	40	2.5	205	3240	142	21	8	62

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<b>Plates</b>										
#1 Choose Two Plate - highest calorie option	1140	58	23	0	160	2230	102	15	6	56
#1 Choose Two Plate - lowest calorie option	1050	49	20	0	115	3240	107	15	6	45
#2 Carne Combo - Carne Asada - Corn Tortillas	920	40	16	0	115	2500	91	16	3	47
#2 Carne Combo - Carne Asada - Flour Tortillas	1090	41	15	0	110	2990	122	17	2	50
#2 Carne Combo - Chile Colorado - Corn Tortillas	860	40	16	0	85	1640	91	14	6	36
#2 Carne Combo - Chile Colorado - Flour Tortillas	1030	41	14	0	80	2120	122	15	4	39
#2 Carne Combo - Chile Verde Pork - Corn Tortillas	980	51	20	0	130	1740	87	13	4	43
#2 Carne Combo - Chile Verde Pork - Flour Tortillas	1160	52	19	0	125	2220	119	14	3	46
#3 Taquitos	1120	55	21	0	100	2450	119	20	8	41
<b>Salads</b>										
Taco Salad - Chile Colorado	1080	80	26	0.5	125	1260	58	18	9	38
Taco Salad - Chile Verde Pork	1180	89	29	0.5	165	1340	55	18	8	44
Taco Salad - Shredded Beef	1180	86	28	0.5	180	1790	54	18	7	55
Taco Salad - Shredded Chicken	1110	81	26	0.5	145	2690	55	18	8	43
Taco Salad - Carne Asada	1170	81	27	0.5	165	2210	59	21	7	52
<b>Quesadillas</b>										
Quesadilla (Cheddar Cheese) - Cheese	880	59	29	2.5	140	1530	51	2	3	38
Quesadilla (Cheddar Cheese) - Chile Colorado	1040	67	32	2.5	190	1950	57	4	5	55
Quesadilla (Cheddar Cheese) - Carne Asada	1100	67	32	2.5	220	2810	57	5	3	67
Quesadilla (Cheddar Cheese) - Shredded Beef	1110	71	33	2.5	235	2390	52	2	3	69
Quesadilla (Cheddar Cheese) - Shredded Chicken	1040	67	32	2.5	195	3290	53	2	4	57
Quesadilla (Cheddar Cheese) - Chile Verde Pork	1160	78	36	2.5	235	2050	53	2	4	63
Quesadilla (Monterey Jack Cheese) - Cheese	840	55	30	1	125	1450	47	2	3	41
Quesadilla (Monterey Jack Cheese) - Chile Colorado	1000	63	32	1	175	1870	53	4	5	57
Quesadilla (Monterey Jack Cheese) - Carne Asada	1060	62	33	1	205	2740	53	5	3	69
Quesadilla (Monterey Jack Cheese) - Shredded Beef	1070	67	34	1	220	2320	48	2	3	71
Quesadilla (Monterey Jack Cheese) - Shredded Chicken	990	62	32	1	185	3220	49	2	4	59
Quesadilla (Monterey Jack Cheese) - Chile Verde Pork	1120	73	36	1	220	1970	50	2	4	65
Quesadilla with Beans	990	57	27	1	100	1580	83	12	5	37
Mulita - Cheese	300	16	8	0	40	290	28	0	3	13
Mulita - Carne Asada	360	18	9	0	60	610	30	1	3	20
Mulita - Chile Colorado	350	18	9	0	55	420	30	0	4	18
Mulita - Chile Verde Pork	390	22	10	0	70	450	29	0	3	20
Mulita - Shredded Beef	360	19	9	0	65	510	29	0	3	20
Mulita - Shredded Chicken	340	18	9	0	55	730	29	0	3	17

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<b>Tostadas</b>										
Tostada - Shredded Beef	760	46	17	0	100	1140	54	11	4	37
Tostada - Shredded Chicken	710	44	15	0	80	1700	54	11	4	30
<b>Soup</b>										
Pozole - Shredded Chicken - 16oz	270	8	2	0	45	1910	26	4	6	22
Pozole - Shredded Chicken - 32oz	540	16	5	0	95	3820	52	7	13	44
Pozole - Shredded Chicken - 64oz	1070	33	9	0	185	7650	104	14	26	87
Pozole - Chile Verde Pork - 16oz	320	14	5	0	60	900	26	4	6	22
Pozole - Chile Verde Pork - 32oz	640	27	9	0	120	1800	52	7	13	45
Pozole - Chile Verde Pork - 64oz	1280	55	18	0	245	3600	104	15	25	90
<b>Little Chips Kids Menu</b>										
Chicken Taco w/ Beans and Rice, w/Milk	810	42	18	0	95	1830	75	9	18	36
Chicken Taco w/ Beans and Rice, w/OJ	880	36	14	0	70	1710	114	9	45	30
Chicken Taco w/ Fries, w/Milk	960	56	22	0	85	2300	88	1	20	30
Chicken Taco w/ Fries, w/OJ	1030	50	18	0	65	2180	127	1	47	24
Bean & Cheese Burrito w/Beans and Rice, w/Milk	1410	71	31	0.5	100	2080	145	22	21	48
Bean & Cheese Burrito w/Beans and Rice, w/OJ	1470	65	27	0	75	1970	184	22	47	41
Bean & Cheese Burrito w/Fries, w/Milk	1590	88	36	0.5	100	2690	160	14	23	43
Bean & Cheese Burrito w/Fries, w/OJ	1660	82	32	0	75	2580	199	14	49	37
Beef Taco w/ Beans and Rice, w/Milk	850	44	19	0.5	115	1380	75	9	18	42
Beef Taco w/ Beans and Rice, w/OJ	920	38	15	0	90	1260	113	9	45	36
Beef Taco w/ Fries, w/Milk	1000	58	23	0	105	1850	88	1	20	36
Beef Taco w/ Fries, w/OJ	1070	52	19	0	80	1730	126	1	46	29
Cheese Quesadilla w/Beans and Rice, w/ Milk	1170	58	27	1	105	2070	119	13	20	45
Cheese Quesadilla w/Beans and Rice, w/ OJ	1240	51	24	0.5	80	1960	157	13	47	38
Cheese Quesadilla w/Fries, w/Milk	1360	74	33	1	105	2680	134	5	22	40
Cheese Quesadilla w/Fries, w/OJ	1420	68	29	0.5	80	2570	172	5	49	34
<b>Desserts</b>										
Chocolate Chunk Cookie	370	18	11	0	45	440	50	2	28	5
Caramel Filled Churro	310	13	5	0	10	310	44	2	18	5

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<b>Sides</b>										
Side Chunky Guacamole	110	10	2	0	0	50	7	4	0	1
Small Chunky Guacamole and Chips	340	20	3	0	0	210	40	4	1	5
Large Chunky Guacamole and Chips	1160	66	9	1.5	0	720	137	14	3	16
Small Creamy Guacamole and Chips	320	17	3	0	5	200	38	6	2	5
Large Creamy Guacamole and Chips	1080	58	9	1.5	5	680	132	9	6	18
Small Chips	230	10	2	0	0	160	33	3	0	3
Large Chips	800	35	5	1.5	0	560	115		1	12
Relleno	330	23	12	0	210	870	15	2	5	19
Beans	690	46	18	0	45	420	52	18	1	19
Spanish Rice	250	4	2	0	0	990	47	1	1	6
Potatoes	160	0	0	0	0	3010	35	3	3	3
Add Cheese	110	9	5	0	30	190	1	0	0	6
Side of Corn Tortillas (3)	130	1.5	0	0	0	40	28	3	0	3
Side of Sonoran Flour Tortillas (3)	270	4.5	0	0	0	540	45	3	0	6
Side of Fries	580	38	13	0	15	1170	58	1	3	5
<b>Beverages</b>										
Lemonade - Regular	180	0	0	0	0	15	47	0	45	0
Lemonade - Large	230	0	0	0	0	20	61	0	59	0
Horchata - Regular	440	7	4	0	20	95	86	1	61	9
Horchata - Large	570	9	5	0	25	125	112	1	80	11
Coffee	5	0	0	0	0	5	0	0	0	0
Milk - Kids	140	5	3	0	20	150	14	0	13	10
Iced Coffee - Vanilla	350	5	3	0	15	90	67	0	60	4

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